

## All Victory Winter Programs (First Pres Gym in Wheaton and Upper Room Dance Studio)

### Victory Sports Covid-19 Protocol: 1/11/21

**General Protocol:** Children and staff can promote the daily practice of everyday preventive actions. These include:

- Staying home when sick, except to get medical care. Parents are responsible for not sending their child to a Victory program
  - who has been exposed to covid-19,
  - has a temperature before coming to a program,
  - when a person in their household is sick,
  - or the participant feels sick beforehand.
- Covering your coughs by **coughing** or sneezing into your elbow, not your hands.
- Washing your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cleaning frequently touched surfaces and objects daily, and after each session.
- Avoiding handshakes and “high-fives” as these can be ways in which COVID-19 can be transmitted from person to person. As a way of decreasing the social pressure to engage in these common behaviors, Victory Sports will allow only lining up children across from each other to say a good word, like, “Great Game!”
- Providing COVID-19 prevention supplies to Victory staff and participants. Ensure that our events and programs have supplies for staff and participants, such as hand sanitizer that contains at least 60% alcohol, tissues, trash baskets, disposable facemasks, cleaners and disinfectants. We will clean touched equipment, surfaces and objects with spray disinfectant, especially surfaces that are visibly dirty, after each session.

### Before each session or event: Victory will...

- Make sure that we have all the supplies needed to help prevent the spread of Covid-19, or any other virus. i.e., masks, cleaning and disinfecting supplies, and temperature scans.
- Make sure equipment is clean and ready for use.
- Make sure all staff are wearing a proper mask/face covering, have a temperature scan and use hand sanitizer before children arrive.
- Have face masks for a staff or a child who may get sick during a program or event.
- Make sure all protocols are in place if someone becomes ill doing a program.

- We will check in each child, daily, and do a quick “ask” check to see if they (or any family members) are sick, do a temperature scan and have each participant hand sanitize. If everything checks out the child can participate. If things do not check out, we will immediately call parents.

**After each session or event: Victory will...**

- After each session, we will clean and disinfect surfaces and objects/equipment that are frequently touched. Clean with the cleaners typically used. Use all cleaning products according to the directions on the *label*.
- For disinfection most common EPA-registered household disinfectants should be effective.
  - A list of products that are EPA-approved for use against the virus that causes COVID-19 We will follow the manufacturer’s instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).
  - Additionally, diluted household bleach solutions will be used if appropriate for the surface. We will follow manufacturer’s instructions for application and proper ventilation. Check to ensure the product is not past its expiration date.
  - Disposable Facemasks will be kept on-site and used only if someone (worker or attendee) forgot their mask, or becomes sick at your event.

**Coaches:** All coaches, Participants, Parent Volunteer Coaches and Trainers are required to wear face masks over their nose and mouth, indoors and outdoors. An exception for coaches and children with medical conditions or disabilities that would prevent them from wearing a face mask may be allowed.

**Spectators:** Spectators are not permitted at training/practice unless required for parental supervision (advanced approval required).

**Sessions:** Victory Indoor sessions will be limited to 60 minutes each, with a 15-minute break for dismissal, disinfecting, sanitizing and general air quality clearance.

**After each session or event:** After each session, we will clean and disinfect surfaces and objects/equipment that are frequently touched. Clean with the cleaners typically used. Use all cleaning products according to the directions on the *label*. (For disinfection most common EPA-registered household disinfectants should be effective.)

A list of products that are EPA-approved for use against the virus that causes COVID-19 will be used as disinfecting agents. We will follow the manufacturer’s instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

Disposable Facemasks will *be kept on-site and used only if someone (worker or attendee) becomes sick at your event, or has forgotten their mask.*

**Summary: Victory Staff will be following these procedures for programs...**

- Make sure all children and staff use hand sanitizer upon arrival and departure of a camp program.
- By delivering your child to the gym door for a program, you, as a parent or guardian, qualify that there is no one ill in your home, and your child has no temperature upon arrival. Victory Sports reserves the right to do our own supplemental temperature scan/check if deemed necessary.
- If First Aid is required – Staff will wear gloves & a mask.
- Face Masks: All staff and children will wear masks upon arrival and departure. Athletes MUST wear face masks over their nose and mouth at all times.
- Rubber Gloves will be used by staff upon arrive and departure of children – check-in and check-out – disinfecting and clean-up.
- Staff will clean all Equipment before and after program. Staff will use a Drying bag for equipment.
- Challenge Times – Children will be in their START circles; staff facing all children at a Social Distance of at least 6 feet.
- Staff will make sure that only designated parts of the restroom are used and children wash hands and sanitize after bathroom use.
- Drop off/Pick-up, staff will
  - Reinforce children wearing masks, sanitizing hands and Social Distancing.
  - Leave one at a time, at Social Distancing, in separate area.